## Caremark®

Your prescriptions

## Get the most from your medication



Taking your medication as directed helps you stay healthier. These tips can keep you on track.

**Fill your prescriptions on time with ease.** We offer convenient options for filling your medication so you never run out. Choose the one that's right for you.

- Pick up your refills at any network pharmacy. It's easy to find one nearby by logging in to your Caremark account.
- Have refills delivered to your door. You'll pay just one copayment for a 90-day supply with no-cost shipping from Caremark® Mail Service Pharmacy.

Want more convenience? Let us manage your refills. Sign up for automatic refills at **Caremark.com** or in our mobile app.

**Stick to the schedule prescribed by your doctor.** This helps your medication do its job and prevents hospital visits. Talk to your doctor or pharmacist if you have questions.

**Start a reminder system.** When you fill your prescriptions with CVS Pharmacy or Caremark Mail Service Pharmacy, you can sign up to get refill reminders from us. You can also set an alarm on your mobile device or computer, or write sticky notes to remind yourself.



## **Experiencing** side effects?

Don't stop taking your medication. Call your doctor or talk to a pharmacist.



Learn more at caremarkrxplaninfo.com/SCPEBA.

